



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Happy Spring</p> 	<p>1</p>  <p>Circuit Gym Anytime - 2nd Fl 9:00 FREE Bingo. Don't be a fool, join us for mystery prizes - GR 10:30 Sit & Be Fit - MP 11:30 Coffee Chatter. Enjoy visiting, reminiscing, and trivia - MP 12:30 Mah-Jongg - GR 1:00 Inside Walking Group - FD 1:30 NEW April Fools Magic Show with Cecil. He's been thrilling audiences in the Northwest for over 25 years. Don't miss this amazing show - MP 2:30 Aquacise - Pool 4:00 & 4:45 Dinner - DR 5:45 Hand & Foot - GR</p>	<p>2</p> <p>Circuit Gym Anytime - 2nd Fl 8:30-4:00 Scheduled transportation 10:30 NEW April Fools Trivia. Enjoy coffee and bagels - MP 11:30 NOTE: No Chair Yoga - MP 12:30 NEW Sit & Dance w/Gail - MP 1:00 Inside Walking Group - FD 2:00 Pub Night. Music by Jerry-At-Tricks. Beer, wine, soda & popcorn - MP 3:15 Wii Bowling - GR 3:30 NOTE: New time and location "Tell your Story" Each week we will feature questions for you to answer - Thtr 4:00 & 4:45 Dinner - DR 6:00 Push Poker bring 3 qtrs - Thtr 6:00 Bridge & Pinochle - GR</p>	<p>3 April is Volunteer Month</p> <p>Circuit Gym Anytime - 2nd Fl 8:30-4:00 Scheduled transportation 9:00 Aquacise - Pool 10:00 Wii Bowling - GR 10:30 NEW Craft Class. Come and make a fun Spring craft for our bazaar. See table for sample - CR 11:30 Sit and Dance w/Gail - MP 1:00 Inside Walking Group - FD 1:30 NEW Tenant Meeting. Meet with our owner Larry & learn what's new in the community. April is volunteer month. Let's recognize our tenant volunteers who help lead our daily activities, tenants who help with Church Services, Librarians, post our daily fliers, etc. Win a door prize - DR 3:00 NEW Left, Right, Center. Fun and easy dice game. Bring \$1 in dimes - GR 4:00 & 4:45 Dinner - DR 5:45 Hand & Foot - GR</p>	<p>4</p> <p>Circuit Gym Anytime - 2nd Fl 8:30-4:00 Scheduled transportation 9:30 Men's Coffee & Donuts - CF 10:00 Audiology Clinic w/Jonell. Test, clean, repair hearing aids. Sign up - NS 10:30 Looms of Love Class with Kim. Enjoy coffee & donuts and learn how to loom - GR 11:30 NOTE: No Chair Yoga - MP 11:30 NEW Sit & Dance w/Gail - MP 1:00 Inside Walking Group - FD 1:00 "Towel Toppers" Come and learn to make crocheted kitchen towel toppers with yarn & buttons - GR 2:00 Mexican Train - GR 3:00 NEW Scenic Ride with Scott. Enjoy this fun scenic ride. Sign up at desk. Weather permitting. 4:00 & 4:45 Dinner - DR 6:00 Sequence Game - GR 6:00-8:00 Online Grocery Shopping -FD</p>	<p>5</p> <p>Circuit Gym Anytime - 2nd Fl 8:00-10:00 Free Hot Breakfast- CF 9:00 Aquacise - Pool 9:00 Shuffleboard - GR 10:30 Shopping at Fred Meyer. Sign up. 11:00 Prayer Shawls. Knit or crochet for local ministries - GR 11:30 Sit & Dance w/Gail- MP 1:00 Inside Walking Group - FD 1:30 Wine & Cheese Social. Beer, wine, soda and snacks - DR 3:00 Bunco, a fun dice game. Bring \$1 - GR 4:00 & 4:45 Dinner - DR 5:45 Hand & Foot - GR</p>	<p>6</p> <p>Circuit Gym Anytime - 2nd Fl 9:00 30-Minute Pool Walking 10:00 Sit & Be Fit - MP 10:30 NEW Lunch outing to Red Lobster in Cd'A. Sign up at front desk. 11:00 NOTE: NO Drop 'n' Shop. 1:00 Inside Walking Group - FD 1:45 Movie My All American PG This true-life drama tells the story of football legend Freddie Steinmark, the Texas Longhorns safety who gave his all despite the odds against him. Enjoy popcorn & soda. - Thtr 1:50 Bingo \$1 per card, win a \$5 blackout - GR 3:00 Shopping at Rosauers. Sign up 4:00 & 4:45 Dinner - DR 6:00 2nd Movie Showing. My All American PG No popcorn or soda - Thtr</p>
<p>7</p> <p>Circuit Gym Anytime - 2nd Fl 11:00 Church Service w/Pastor Stan, hymns w/ Shirley - MP</p> <p>Every 1st Sunday Non-denominational communion 11:00 - MP</p> <p>12:15 Catholic Communion With Ray - MP 1:00 & 1:45 Early Sunday Supper - DR 1:00 Inside Walking Group - FD 2:30 Pinochle - GR 3:00 Game Day - Come and join in the fun and play pool, games, shuffleboard, etc. with your neighbors - GR 5:30-6:30 Soup & Sandwich - CF 6:00-8:00 Online Grocery Shopping - FD</p>	<p>8</p> <p>Circuit Gym Anytime - 2nd Fl 9:00 Aquacise - Pool 10:30 Coffee Chatter. Enjoy visiting, reminiscing & trivia - MP 11:30 Sit & Be Fit - MP 12:30 Mah-Jongg - GR 1:00 Inside Walking Group - FD 2:00 Sing-along w/Diane - DR 2:30 Cribbage - MP 3:00 Bingo. \$1/card. Win a \$5 blackout - GR 4:00 & 4:45 Dinner - DR 5:45 Hand & Foot - GR 6:30 Old Time Fiddlers. A toe tapping good time - DR</p>	<p>9</p> <p>Circuit Gym Anytime - 2nd Fl 8:30-4:00 Scheduled transportation 9:00 NEW Casino outing to Worley. Sign up at front desk. 1:00 meet at bus to return home. 10:30 NEW Make and Take. Keep what you make. See sample on table in lobby. Sign up - CR 11:30 Chair Yoga w/Danielle - MP 1:00 Inside Walking Group - FD 2:00 Pub Night Music with J.J. Dion. Beer, wine, soda, & popcorn - MP 3:15 Wii Bowling - GR 3:30 NOTE: New time and location "Tell your Story" Each week we will feature questions for you to answer - Thtr 4:00 & 4:45 Dinner - DR 6:00 Push Poker bring 3 quarters - Thtr 6:00 Bridge & Pinochle - GR</p>	<p>10</p> <p>Circuit Gym Anytime - 2nd Fl 8:30-4:00 Scheduled transportation 9:00 Aquacise - Pool 10:00 Wii Bowling - GR 10:30 NOTE: No Cozy Club - GR 11:30 Sit and Dance w/Gail - MP 12:30 NEW Men's Club. Come and "C" what's going on. Cornhole, Crabcakes, Coors, Cabernet and Cider. Sign up - MP 1:00 Inside Walking Group - FD 2:00 NEW Springtime Piano Music with a new entertainer Tom Pletscher - DR 3:00 NEW Guys and Dolls Poker with Scott - Thtr 4:00 & 4:45 Dinner - DR 5:45 Hand & Foot - GR</p>	<p>11</p> <p>Circuit Gym Anytime - 2nd Fl 8:30-4:00 Scheduled transportation 9:30 Men's Coffee and Donuts - CF 10:30 Looms of Love. Enjoy coffee & donuts & learn to loom - GR 11:30 Chair Yoga w/Danielle - MP 1:00 NOTE: No Towel Toppers 1:00 Inside Walking Group - FD 2:00 Mexican Train - GR 3:00 NEW Scenic Ride with Scott. Enjoy this fun scenic ride. Sign up at desk. Weather permitting. 4:00 & 4:45 Dinner - DR 6:00 Sequence Game - GR 6:00-8:00 Online Grocery Shop - FD</p>	<p>12</p> <p>Circuit Gym Anytime - 2nd Fl 8:00-10:00 Free Hot Breakfast- CF 9:00 Aquacise - Pool 9:00 Shuffleboard - GR 10:30 Grocery Shop at Fred Meyer. Sign up. 11:00 Prayer Shawls. Knit or crochet for local ministries - GR 11:30 Sit & Dance w/Gail - MP 1:00 Inside Walking Group - FD 1:30 Wine & Cheese Social. Beer, wine, soda and snacks - DR 3:00 Bunco - A fun dice game. Bring \$1 - GR 4:00 & 4:45 Dinner - DR 5:45 Hand & Foot - GR</p>	<p>13</p> <p>Circuit Gym Anytime - 2nd Fl 9:00 30-Minute Pool Walking 10:00 Sit and Be Fit - MP NOTE: No Drop 'n' Shop. 12:15 NEW Free musical outing. "Project Joy Spring Showcase" Enjoy many different types of entertainment. Sign up at front desk. Eat lunch before you go. We will head back to BCE around 3 pm. 1:00 Inside Walking Group - FD 1:45 Movie Dog Gone PG. When his beloved dog goes missing, a young man embarks on an incredible search with his parents to find him and give him life-saving medicine. Starring Rob Lowe. Enjoy popcorn & soda - Thtr 1:50 NOTE: NO Bingo 3:00 Shopping at Walmart, sign up 4:00 & 4:45 - Dinner 6:00 2nd Movie Showing. Dog Gone PG. No popcorn or soda - Thtr</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>14 Circuit Gym - 2nd Fl 11:00 Church Service w/Pastor Paul, Hymns w/ Shirley - MP 12:15 Catholic Communion with Ray - MP 1:00 & 1:45 Early Sunday Supper - DR 2:30 Pinochle - GR 3:00 Game Day - Come and join in the fun and play pool, games, shuffleboard, etc. with your neighbors - GR 5:30-6:30 Soup & Sandwich - CF 6:00 -8:00 Online Grocery Shopping @ front desk</p>	<p>15 Last day to sign up for our inside KFC picnic on 4/18. Cost is \$10 cash only. Circuit Gym Anytime - 2nd Fl 9:00 Aquacise - Pool 10:30 Coffee Chatter. Enjoy visiting, reminiscing, trivia - MP 11:30 Sit & Be Fit - MP 12:30 Mah-Jongg - GR 1:00 Inside Walking Group - FD 2:30 Cribbage - MP 3:00 Bingo. \$1/ card. Win a \$5 blackout - GR 4:00 & 4:45 Dinner - DR 5:45 Hand & Foot - GR</p>	<p>16 8:30-4:00 Scheduled transportation 10:30 Tie Wishing Star Blankets, fun and easy, no sewing - GR 11:30 Chair Yoga w/Danielle - MP 1:00 Inside Walking Group - FD 2:00 Pub Night Music w/ Juke Box Time Machine. Jason and Cari Duo. Beer, wine, soda, & popcorn - MP 3:15 Wii Bowling - GR 3:30 NOTE: New time and location "Tell your Story" - GR 4:00 & 4:45 Dinner - DR 4:30 NEW Dinner Outing to Ambrosia Bistro, Spokane Valley. Family owned for 17 years. Order off the menu, prices \$25-\$35. Sign up. 5:45 Push Poker. Bring 3 qtrs - Thtr 6:00 Bridge & Pinochle - GR</p>	<p>17 Circuit Gym Anytime - 2nd Fl 8:30-4:00 Scheduled transportation 9:00 Aquacise - Pool 10:00 Wii Bowling - GR 10:30 NOTE: No "Cozy Club" 11:30 Sit and Dance w/Gail - MP 12:00-2:00 FREE Card making class with Melissa. Supplies provided. Only 12 spots, sign up - GR 1:00 Inside Walking Group - FD 1:30 Birthday Party - Please attend. Enjoy cupcakes & music with NEW Entertainer Rob Lobdell, guitar and vocals, 60s, 70s and original tunes. 4:00 & 4:45 Dinner - DR 5:45 Hand & Foot - GR</p>	<p>18 Circuit Gym Anytime - 2nd Fl 8:00 NEW Men's Breakfast at Hangry's Spokane Valley. Sign up. 8:30-4:00 Scheduled transportation 10:30 Looms of Love - GR 10:30 NEW Food Committee meeting with Harlen. Sign up - Thtr 11:30 Chair Yoga w/Danielle - MP 12:30 NEW Inside Spring Picnic with KFC and yummy sides. Pay with cash only \$10 by 4/15. To cold for outdoors but toasty in the MP room. 1:00 Inside Walking Group - FD 2:00 Mexican Train - GR 3:00 NEW Scenic Ride with Scott. Sign up at desk. Weather permitting. 4:00 & 4:45 Dinner - DR 6:00 Sequence Game - GR 6:00-8:00 Online Grocery Shop - FD</p>	<p>19 Circuit Gym Anytime - 2nd Fl 8:00-10:00 Free Hot Breakfast! - CF 9:00 Aquacise - Pool 9:00 Shuffleboard - GR 10:30 Grocery Shop at Fred Meyer. NOTE: Stock up today, No grocery shopping on Saturday 4/20. 11:00 Prayer Shawls. Knit or crochet for local ministries - GR 11:30 Sit & Dance w/Gail - MP 1:00 Inside Walking Group - FD 1:30 Wine & Cheese Social. Enjoy beer, wine, soda and snacks - DR 3:00 Bunco, fun dice game. \$1 - GR 4:00 & 4:45 Dinner - DR 5:45 Hand & Foot - GR</p>	<p>20 Circuit Gym Anytime - 2nd Fl 11:00 NEW Sit & Dance w/Gail - MP 1:00 Inside Walking Group - FD 1:45 Movie Home Team PG. Starring Kevin James. Suspended NFL coach Sean Payton hopes to reconnect with his son by coaching his hapless youth football team in this family comedy based on a true story. Enjoy Popcorn & soda - Thtr 2:00 NEW Bunco with Nellie and Shirley. Bring \$1 - GR 4:00 & 4:45 Dinner - DR 6:00 2nd Movie Showing. Home Team PG No popcorn or soda - Thtr</p>	
<p>21 Circuit Gym - 2nd Fl 11:00 Church Service w/Pastor Stewart & hymns w/Shirley - MP 12:15 Catholic Communion with Ray - MP 1:00 & 1:45 Early Sunday Supper - DR 2:30 Pinochle - GR 3:00 Game Day - Come and join in the fun and play pool, games, shuffleboard, etc. with your neighbors - GR 5:30-6:30 Soup & Sandwich - CF 6:00-8:00 Online Grocery Shopping @ front desk</p>	<p>22  Circuit Gym Anytime - 2nd Fl 9:00 Aquacise - Pool 10:30 NEW Rock Painting with Kim in honor of Earth Day. We will take the rocks to local parks on Thurs. 4/25 - MP 11:30 Sit & Be Fit - MP 12:30 Mah-Jongg - GR 1:00 Inside Walking Group - FD 2:00 Sing-along w/Diane - DR 2:30 Cribbage - MP 3:00 NEW Mystery Bingo. \$1 per card. When you win you pick a mystery envelope - GR 4:00 & 4:45 Dinner - DR 5:45 Hand & Foot - GR</p>	<p>23 8:30-4:00 Scheduled transportation 9:00-9:30 NEW Circuit Gym Open House. Come learn what this 30-minute workout is all about. - CG 10:30 Share Time with coffee and donuts. Share your hobbies, photos or memorabilia - MP 11:30 Chair Yoga w/Danielle - MP 12:30 NEW New Tenant Luncheon for our tenants who've moved in since January. Invites will be sent out. - DR 2:00 Pub Night Music w/Bill & Carl. Beer, wine, soda, & popcorn - MP 3:15 Wii Bowling - GR 3:30 NOTE: New time and location "Tell your Story" - Thtr 4:00 & 4:45 Dinner - DR 5:45 Push Poker. Bring 3 qtrs - Thtr 6:00 Bridge & Pinochle - GR</p>	<p>24 8:30-4:00 Scheduled transportation 9:00 Aquacise - Pool 10:00 Wii Bowling - GR 10:30 NEW Craft Class. Come and make a fun Spring craft for our bazaar. See table for sample - CR 11:30 Sit and Dance w/Gail - MP 1:00 NEW Zentoodle w/Kim. Come enjoy this easy and relaxing doodle drawing class. Supplies provided - CR 1:00 Inside Walking Group - FD 2:00 NEW Tap Dance Grannies. Come and enjoy these senior dancers while they dazzle you with their fancy footwork - DR 4:00 & 4:45 Dinner - DR 5:45 Hand & Foot - G</p>	<p>25 Circuit Gym Anytime - 2nd Fl 8:15 NEW Guys and Dolls Breakfast at Conleys Place. Sign up. 8:30-4:00 Scheduled transportation NOTE: No Men's coffee 9:00-10:00 NEW Circuit Gym Open House. Come learn what this 30-minute workout is all about - CG 10:30 Looms of Love. Enjoy coffee and donuts and learn to loom - GR 11:30 Chair Yoga w/Danielle - MP 1:00 Library Visit - Lobby 2:00 Mexican Train - GR 3:00 NEW Scenic Ride with Scott and Kim. Enjoying walking in parks to place our painted rocks. Sign up at desk. Weather permitting. 4:00 & 4:45 Dinner - DR 6:00 Sequence Game - GR 6:00-8:00 Online Grocery Shop - FD</p>	<p>26 Circuit Gym Anytime - 2nd Fl 8:00-10:00 Free Hot Breakfast! - CF 9:00 Aquacise - Pool 9:00 Shuffleboard - GR 10:30 Grocery Shop at Fred Meyer. 11:00 Prayer Shawls - GR 11:30 Sit & Dance w/Gail - MP 1:00 Inside Walking Group - FD 1:30 Wine & Cheese Social. Enjoy beer, wine, soda and snacks - DR 3:00 NEW Bag o' Bucks Bunco, Costs \$2. Last one holding the bag wins all the bucks. - GR 4:00 & 4:45 Dinner - DR 5:45 Hand & Foot - GR</p>	<p>27 Circuit Gym Anytime - 2nd Fl 9:00 30-Minute Pool Walking 10:00 Sit & Be Fit - MP 11:00-1:00 Drop and Shop. Shop within a 5 mile radius. Sign up. 1:00 Inside Walking Group - FD 1:45 Movie I Can Only Imagine PG. Starring Dennis Quaid. Based on MercyMe's 2001 Christian rock ballad, this faith-based drama follows the emotional life story of the song's composer, Bart Millard. Enjoy popcorn & soda - Thtr 1:50 Bingo \$1 per card, win a \$5 blackout - GR 3:00 Shopping at Yokes. Sign up 4:00 & 4:45 Dinner - DR 6:00 2nd Movie Showing I Can Only Imagine PG. No popcorn/soda -Thtr</p>	
<p>28 Circuit Gym - 2nd Fl 11:00 Church Service with Pastor Don - MP 12:15 Catholic Communion with Ray - MP 1:00 & 1:45 Early Sunday Supper - DR 2:30 Pinochle - GR 3:00 Game Day - Come and join in the fun and play pool, games, shuffleboard, etc. with your neighbors - GR 5:30-6:30 Soup & Sandwich - CF 6:00-8:00 Online Grocery Shopping @ front desk</p>	<p>29 Circuit Gym Anytime - 2nd Fl 9:00 Aquacise - Pool 10:30 Coffee Chatter. Enjoy visiting, reminiscing, trivia - MP 11:30 Sit & Be Fit - MP 12:30 Mah-Jongg - GR 1:00 Inside Walking Group - FD 1:30 NEW Hillyard Belles Variety Show. Singing, dancing, flappers, jokes and a band. You won't want to miss this show! - DR 2:30 Cribbage - MP 3:00 Bingo. \$1 per card. Win a \$5 blackout - GR 4:00 & 4:45 Dinner - DR 5:45 Hand & Foot - GR</p>	<p>30 Circuit Gym Anytime - 2nd Fl 8:30-4:00 Scheduled transportation 10:30 History Talk with Kim. Enjoy ice brewed coffee and donuts. - MP 11:30 Chair Yoga w/Danielle - MP 1:00 Inside Walking Group - FD 2:00 Pub Night Music with the Hayden Drifters. Beer, wine, soda, & popcorn - MP 3:15 Wii Bowling - GR 3:30 NOTE: New time and location "Tell your Story" Each week we will feature questions for you to answer - Thtr 4:00 & 4:45 Dinner - DR 5:45 Push Poker. Bring 3 quarters - Thtr 6:00 Bridge & Pinochle - GR</p>	<div style="border: 2px solid black; padding: 10px; text-align: center;"> <p>Saturday Movies 1:45 and 6:00</p> <p>4/6 - <i>My All American</i> - PG 4/13 - <i>Dog Gone</i> - PG 4/20 - <i>Home Team</i> - PG 4/27 - <i>I Can Only Imagine</i> - PG</p> </div>		<p>Calendar Legend</p> <p>Blue Print = Exercise Activities Red Print = an Outing Green Print = Something Fun & Special Color filled day = Music</p> <p style="background-color: yellow; padding: 5px; text-align: center;">Last day to sign up for something or important</p>	<p><u>Activity Locations:</u></p> <p>L1 1st Fl. - Lobby CF 1st Fl. - 50's Café DR 1st Fl. - Dining Room Thtr 1st Fl. - Event/Dining Library 1st & 3rd Floors L2 2nd Fl. - Lobby CG 2nd Fl. - Circuit Gym CR 2nd Fl. - Craft Room GR 2nd Fl. - Game Room MP 2nd Fl. - Multi-purpose NS 2nd Fl - Nail Salon CL - 3rd Fl -Computer Lab</p>	<p><u>Free Hot Breakfast:</u></p> <p>4/5 Pancakes 4/12 French Toast 4/19 Breakfast Strata 4/26 Biscuits & Gravy All entrees served with bacon, sausage and fixin's.</p> 