




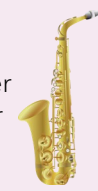
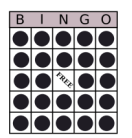



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><u>Activity Locations:</u> L1 1st Fl. - Lobby CF 1st Fl. - 50's Café DR 1st Fl. - Dining Room Thtr 1st Fl. - Event/Dining Library 1st & 3rd Floors L2 2nd Fl. - Lobby CG 2nd Fl. - Circuit Gym CR 2nd Fl. - Craft Room GR 2nd Fl. - Game Room MP 2nd Fl. - Multi-purpose NS 2nd Fl. - Nail Salon 3rd Fl. - Computer Classroom</p> 	<p><u>Wednesday Evening Concerts</u> (Sunset on Broadway) 6/8 - Jack & Friends, 4-piece band w/ vocals, guitar, & saxophone 6/15 - Hayden Drifters, 4-piece band w/ guitars & vocals 6/22 - Nick Herman - guitar/ vocals 6/29 - Western BBQ (no guest) Western Duo, Gerri & Norm - keyboard, guitar, vocals</p> 	<p>1 8:30-4:00 Sched. transportation. Circuit Gym Anytime - 2nd Fl 9:00 Aquacise - Pool 9-11:00 Quilting Bees. Bring your own or buy a lap quilt kit for \$15, includes supplies. Instructor available to teach - MP 10:00 Wii Bowling - Thtr 10:30 Looms of Love - Knit/ crochet hats/ scarves for local charities. - GR 11:30 Sit & Be Fit - MP 1:00 Inside Walking Group 1:30 Monthly Tenant Meeting w/ our owner, Larry. Learn what is happening in our community. Win a door prize. - DR 2:30 Mexican Train w/ Laura - GR 4:00 and 4:45 Dinner - DR 5:45 Hand & Foot - GR</p> 	<p>2 8:30-4:00 Scheduled transportation. Circuit Gym Anytime - 2nd Fl 9:00 Pool Noodle Exercise - Pool 9:30 Men's Coffee & Donuts. - CF 10:00 Audiology Clinic w/ Jonell. Test, clean, repair hearing aids. Sign up @ front desk. - NS 10:00 Knitting/ Crochet Circle for local charities - GR *Note NoChair Yoga w/ Danielle* 1:00 Inside Walking Group 1:00 Mah-Jongg - GR 2:00 NEW! Scenic Ride to Arbor Crest Winery. Walk around & enjoy the views or enjoy wine tasting. Taste cost is \$14.00-\$18.00. 6:00 Bridge & Pinochle - GR 6:15 NEW! Cinderella. Timeless enchantment of a magical fairytale is reborn w/ Rodgers & Hammerstein hallmarks of charm and elegance. Last day to sign up was 5-26.</p>	<p>3 Circuit Gym Anytime - 2nd Fl 8-10:00 Free Hot Breakfast! - CF 9:00 Aquacise - Pool 9:00 - Shuffleboard - GR * Note, no Craft Class* *Note, No Catholic Mass* 11:00 Prayer Shawls. Knit or crochet for local ministries - GR 10:00 NEW! Grocery shop at Fred Meyer 11:30 Scenic Ride. Sign up at desk. 1:00 Inside Walking Group 1:00 Food Committee Meeting. If you want to be a member, please attend. - Thtr 1:30 Bunco. Bring \$1 - GR 3:30-4:15 NEW! Note time change. Wine & Cheese Social w/ beer, wine, soda, & snacks. Please sit at your dinner seat. - DR 4:00 and 4:45 Dinner - DR 5:45 Hand & Foot - GR</p>	<p>4 Circuit Gym Anytime - 2nd Fl 9:00 30-Minute Pool Walking - Pool 10:00 Sit & Be Fit - MP 11:00-1:00 Drop 'n' Shop. Run all your errands or shop within a 5-mi. radius. Sign up at front desk. 1:00 Inside Walking Group 1:45 Movie, popcorn, & soda: "No Time to Die" PG-13 James Bond comes out of retirement for another treacherous mission. - Thtr 1:45 Bingo. \$1/ card. Win a \$5 Blackout. - GR 3:00 Shopping @ Safeway 4:00 and 4:45 Dinner - DR 6:00 Sequence, a card game. Tenant-lead w/ Mary S – MP</p> 	
<p>5 Circuit Gym Anytime - 2nd Fl 11:00 Church Service w/ Pastor Stan, hymns w/ Shirley - MP (Communion every first Sunday.) 1:00 & 1:45 Early Sunday Supper - DR 2:00 Pinochle - GR 2:00 Mah-jongg - GR 3:30 - 5:30 Needlework Circle. Bring your mending, cross stitch, needlepoint, embroidery. - GR 5:30-6:30 Soup & Sandwich - CF 6:15 Hand & Foot - GR</p> 	<p>6 Last day to sign up & prepay for Spokane Valley Summer Theater. All 3 shows \$105.00 Cash or checks payable to SVS Theater. 6/23 Bridges of Madison County, 7/14 Newsies, 8/8 Sister Act. Circuit Gym Anytime - 2nd Fl 9:00 Aquacise - Pool 10:30 Coffee Chatter. Enjoy trivia, visiting, & current events - MP 11:30 Sit & Be Fit - MP 1:00 Inside Walking Group 1:30 NEW! Worship Church Meeting. If you attend this service, come vote to use some of our love offering to send kids to UGM camp - GR 2:00 Bridge - MP 3:00 Bingo. Bring \$1/card. Win a \$5 Blackout - GR 3:00 Cribbage - MP 4:00 and 4:45 Dinner - DR 5:45 Hand & Foot - GR</p>	<p>7 8:30-4:00 Scheduled transport. Circuit Gym Anytime - 2nd Fl 9:00 Line Dancing Class @ Valley Senior Center. Sign up @ front desk. 9:00 Computer Questions - 3rd Fl. 10:30 Wishing Star Blankets for ill children. No sewing required. Just tie knots. We need volunteers. - GR 11:30 Chair Yoga w/ Danielle- MP 1:00 Inside Walking Group 1:00 NEW! Activity Suggestion Meeting. Suggest ideas for day trips, music, any new activity. - MP 2:00 Pub Night. Music by Jerry At-Tricks. Enjoy wine, beer, soda. - MP 3:00-4:00 Needlework Circle - GR 3:15 Wii Bowling - Thtr 4:00 and 4:45 Dinner - DR 5:45 Push Poker. Bring 3 Quarters - Thtr 6:00 Bridge - GR</p> 	<p>8 8:00 Mens Breakfast Out at The Swinging Doors in N. Spokane 8:30-4:00 Scheduled transportation. Circuit Gym Anytime - 2nd Fl 9:00 Aquacise - Pool 9-11:00 Quilting Bees. Bring your own or buy a lap quilt kit for \$15 - MP 10:00 Wii Bowling - Thtr 10:30 Looms of Love - Knit/ crochet hats/ scarves for local charities. - GR 11:30 Sit & Be Fit - MP 1:00 Inside Walking Group. Meet at the front desk. 1:30 Monthly Birthday Party. Music w/ Carolyn Salter - DR 2:30 Blackjack w/Scott. Winner gets a free café coupon. - Thtr 4:00 and 4:45 Dinner - DR 5:45 Hand & Foot - GR 6:00-7:30 NEW! Sunset on Broadway Concert. "Jack & Friends" Our friend Kim is in this group. - Patio</p>	<p>9 8:30-4:00 Scheduled transportation. Circuit Gym Anytime - 2nd Fl 9:00 Pool Noodle Exercise - Pool 9:30 Men's Coffee & Donuts. - 9:30 NEW! Day Trip to Chewelah Casino, 1 hr. away. Bring lunch money. Café offers sandwiches, burgers, salads. Leave casino @ 2 pm to return back @ 3 pm. 10:00 Knitting/ Crochet Circle for local charities. - GR 11:30 Chair Yoga w/ Danielle - MP 1:00 Inside Walking Group 1:00 Mah-Jongg - GR 1:30 NEW! Cocktail Hour. Music w/ Creative Strings (9-members). Enjoy spirit cocktails, beer, wine, & soda. - DR 3:00 Mexican Train w/ Laura - GR 4:00 NEW! Dinner Out @ Wolf Lodge - CDA Lake. Prices \$27-\$45 Sign up at the front desk. 4:00 and 4:45 Dinner - DR 6:00 Bridge & Pinochle - GR</p>	<p>10 Circuit Gym Anytime - 2nd Fl 8-10:00 Free Hot Breakfast! - CF 9:00 Aquacise - Pool 9:00 - Shuffleboard - GR 9:30 - 11:00 Craft Class. Decorate garden shovels for the annual bazaar. - GR 10:00 Grocery Shop @ Fred Meyer *Note, No Catholic Mass* 11:00 Prayer Shawls. Knit or crochet for local ministries - GR 11:30 NEW! Free Scenic Ride & Picnic. Don't miss this amazing view on top of Stoptoe Butte State Park. Only 15 seats. Sign up @ front desk. 1:00 Inside Walking Group 1:30 Bunco. Bring \$1 - GR 3:30-4:15 Wine & Cheese Social w/ beer, wine, soda, & snacks. Please sit at your dinner seat. - DR 4:00 and 4:45 Dinner - DR 5:45 Hand & Foot - GR</p>	<p>11 Circuit Gym Anytime - 2nd Fl 9:00 30-Minute Pool Walking 10:00 Sit & Be Fit - MP 11:00-1:00 Drop 'n' Shop. Run all your errands or shop within a 5-mi. radius. Sign up at front desk. 1:00 Inside Walking Group 1:45 Movie, popcorn, & soda, "The Little Things" Rated R. A deputy sheriff & a detective are on the track of a serial killer but their differences may derail them. - Thtr 1:45 Bingo! \$1/card. Win a \$25 Blackout! 3:00 Shopping @ Yokes 4:00 and 4:45 Dinner - DR 6:00 Sequence, a card game, tenant lead w/ Mary S – MP</p> 

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>12 Circuit Gym Anytime - 2nd Fl 11:00 Church Service w/ Pastor Paul & hymns with Shirley - MP 1:00 & 1:45 Early Sunday Supper - DR 2:00 Pinochle - GR 2:00 Mah-jongg - GR 3:00-5:30 Needlework Circle - GR 5:30-6:30 Soup & Sandwich - CF 6:15 Hand & Foot - GR</p>	<p>13 <i>Gentlemen, last day to sign up @ front desk for the 6/16 Father's Day Lunch. No guests, please.</i> Circuit Gym Anytime - 2nd Fl 9:00 Aquacise - Pool 10:30 Coffee Chatter. Enjoy visiting, trivia, current events - MP 11:30 Sit & Be Fit - MP 1:00 Inside Walking Group 2:00 Sing-along w/ Diane Copeland - DR 2:00 Bridge - MP 3:00 Bingo. \$1/ card. Win a \$5 blackout. - GR 3:00 Cribbage - MP 5:45 Hand & Foot - GR 6:30 Old Time Fiddlers - DR Come & have a fiddlin' great time!</p>	<p>14 Flag Day  8:30-4:00 Scheduled transportation. Circuit Gym Anytime - 2nd Fl 9:00 Line Dancing Class @ Valley Sr. Center. Sign up @ desk. 9:00 Computer Questions - 3rd Fl. 10:30 Gospel Music w/ Charlie Pfeiffer. Come hear this inspirational music. He has amazing voice. - DR 1:30 Chair Yoga w/ Danielle - MP 1:00 Inside Walking Group 2:00 Pub Night by Carl & Bill. Enjoy wine, beer, and soda. Wear red, white, & blue. - MP 3:00-4:00 Needlework Circle - GR 3:15 Wii Bowling - Thtr 4:00 and 4:45 Dinner - DR 5:45 Push Poker - Thtr 6:00 Bridge - GR</p>	<p>15 8:30-4:00 Scheduled transportation. Circuit Gym Anytime - 2nd Fl 9:00 Aquacise - Pool 9-11:00 Quilting Bees - MP 10:00 Wii - Thtr/ Looms of Love - GR 11:30 Sit & Be Fit - MP 12:00-2:00 Free cardmaking w/ Melissa. 12 spots. Sign up. - GR 2:00 NEW! Tap Dance Grannies. Don't miss these amazing senior dancers. They'll dazzle you w/ their fancy footwork. - DR 3:00 Guys & Dolls Poker - Thtr 4:00 and 4:45 Dinner - DR 5:45 Hand & Foot - GR 6:00-7:30 NEW! Sunset on Broadway Concert. "Hayden Drifters" - Patio</p>	<p>16 8:30-4:00 Scheduled transportation. Circuit Gym Anytime - 2nd Fl 9:00 Pool Noodle Exercise - Pool 9:30 Men's Coffee & Donuts - CF 10:00 Knitting / Crochet Circle - GR 11:30 Chair Yoga w/ Danielle - MP 12:30 NEW! Father's Day Luncheon to honor all our men at BCE. Philly cheesesteak sandwiches, Jojos, & yummy sides. (No guests) - DR 1:00 Mah-Jongg - GR 1:00 Inside Walking Group 2:00 NEW! "We Believe Voters" Learn of upcoming elections, candidates, registration, & ballot information. Ask your questions. - MP 4:00 and 4:45 Dinner - DR 6:00 Bridge & Pinochle - GR</p>	<p>17 Circuit Gym Anytime - 2nd Fl 8-10 Free Hot Breakfast! - CF 9:00 Aquacise - Pool 9:00 Shuffleboard - GR 9:30 Craft Class. Make garden hose wreaths for the annual bazaar - GR 10:00 Grocery shop @ Fred Meyer *Note, No Catholic Mass* 11:00 Prayer Shawls. - GR 11:30 Scenic Ride 1:00 Inside Walking Group 1:30 Bunco. Bring \$1 - GR 3:30-4:15 Wine & Cheese Social w/ beer, wine, soda, & snacks. Please sit at your dinner seat. - DR 4:00 and 4:45 Dinner - DR 5:45 Hand & Foot - GR</p>	<p>18 Circuit Gym Anytime - 2nd Fl 9:00 30-Minute Pool Walking - Pool 10:00 Sit & Be Fit - MP 11:00 - 1:00 Drop 'n' Shop. Run errands or shop in a 5mi. radius. Sign up @ the front desk. 1:00 Inside Walking Group. 1:45 Movie, popcorn, & soda. "Old" PG-13. Thriller about family on holiday who discover a secluded beach that causes them to age rapidly. - Thtr 1:45 B.O.B. Bag of bucks \$2 to play. Be the last one holding the bag & win all the bucks! - GR 3:00 Shopping @ Rosauers 4:00 and 4:45 Dinner - DR 6:00 Sequence, a fun card game, tenant lead by Mary S - MP</p>
<p>19 <i>If you plan on picking up a soup & sandwich meal after the 6/22 BBQ, today is the last day to sign up.*Note* You must sign up</i> Circuit Gym Anytime - 2nd Fl 11:00 *Note, no pastor* Hymns w/ Shirley - MP 1:00 & 1:45 Early Sunday Supper - DR 2:00 Pinochle - GR 2:00 Mah-jongg - GR 3:30-5:30 Needlework Circle - GR 5:30-6:30 Soup & Sandwich -CF 6:15 Hand & Foot - GR</p>	<p>20 <i>Last day to RSVP for our 6/22 family BBQ. You may have 2 guests attend this complimentary meal. Tenants please sign up at the front desk even if you don't have guests. We need an accurate account.</i> Circuit Gym Anytime - 2nd Fl 9:00 Aquacise - Pool 10:30 Coffee Chatter. Enjoy trivia, visiting, & current events - MP 11:30 Sit & Be Fit - MP 1:00 Inside Walking Group 2:00 Bridge - MP 3:00 Cribbage - MP 3:00 Bingo. \$1/ card. Win a \$5 blackout. - GR 4:00 and 4:45 Dinner - DR 5:45 Hand & Foot - GR</p>	<p>21 1st Day of Summer! 8:30-4:00 Scheduled transportation Circuit Gym Anytime - 2nd Fl 9:00 Line Dancing Class @ Valley Sr. Center. Sign up @ desk. 9:00 Computer Questions - 3rd Fl. 10:30 Share Time. Bring your photos, hobbies, collections, memorabilia. Enjoy coffee & donuts. - MP 11:30 Chair Yoga w/Danielle - MP 1:00 Inside Walking Group 1:30 NEW! Smile Sunshine Party Celebrate 1st Day of Summer, music w/ Diane Copeland. Enjoy plain or spiked lemonade. Wear yellow. - DR 3:00-4:00 Needlework Circle - GR 3:15 Wii Bowling - Thtr 4:00 & 4:45 Dinner - DR 5:45 Push Poker - Thtr 6:00 Bridge - GR</p>	<p>22 8:30-4:00 Scheduled transportation. Circuit Gym Anytime - 2nd Fl 9:00 Aquacise - Pool 9-11:00 Quilting Bees. - MP 10:00 Wii Bowling - Thtr 10:30 Looms of Love - Knit/ crochet hats & scarves for local charities. - GR *Note, No Sit & Be Fit* 11:30-1:30 NEW! Family BBQ. Invite 2 guests for this complimentary meal Hamburgers, hot dogs, & yummy sides.11:30 -1st Floor, 12:15 -2nd Floor, 1:00 -3rd Floor. 1:00 Inside Walking Group 3:00-7:00 Pick up soup & sandwich meal from front desk or kitchen. 5:45 Hand & Foot - GR 6:00-7:30 NEW! Sunset on Broadway Concert "Nick Herman"</p>	<p>23 8:30-4:00 Scheduled transportation. Circuit Gym Anytime - 2nd Fl 9:00 Pool Noodle Exercise - Poo 9:30 NEW! Day Trip to Pomeroy, WA 2.5 hrs. Visit the famous Pataha Flour Mill est. in 1878. Hot pasta bar (2 kinds) salad, bread, dessert, & drink \$23.00 incl. tax, tip, drink, & museum tour. Cks payable to Pataha Flour mill 9:30 Men's Coffee & donuts. - CF 10:00 Knitting/ Crochet Circle - GR 11:30 Chair Yoga w/ Danielle - MP 1:00-2:00 Library visits. Check out reg. or lg. print. books.- DR 1:00 Mah-Jongg - GR 4:00 and 4:45 Dinner - DR 6:00 Bridge & Pinochle - GR 7:00 NEW! Summer Theater See Cindy for tickets.</p>	<p>24 Circuit Gym Anytime - 2nd Fl 8-10:00 Free Hot Breakfast! - CF 9:00 Aquacise - Pool 9:00 Shuffleboard - GR 9:30 Craft Class. Make rain boots door decoration for the annual bazaar. - GR 10:00 Grocery shop @ Fred Meyer *Note, No Catholic Mass* 11:00 Prayer Shawls - GR 11:30 Scenic Ride 1:00 Inside Walking Group 1:30 Bunco, fun dice game. \$1 - GR 3:30-4:15 Wine & Cheese Social w/ beer, wine, soda, & snacks. Please sit @ your dinner seat. - DR 4:00 and 4:45 Dinner - DR 5:45 Hand & Foot - GR</p>	<p>25 Circuit Gym Anytime - 2nd Fl 9:00 30-Minute Pool Walking - Pool 10:00 Sit & Be Fit - MP 11:00 - 1:00 Drop 'n' Shop. Run errands or shop in a 5mi. radius. Sign up @ the front desk. 1:00 Inside Walking Group 1:30 NEW! Just Us Theatre Production "Patriotic Celebrating America" Enjoy this amazing show with a group of seasoned performers & actors. - DR 1:45 Movie, popcorn, & soda: "Minari" PG-13. A Korean-American family moves to Arkansas in search of the American Dream. 3:00 Shopping at Walmart 4:00 and 4:45 Dinner - DR 6:00 Sequence, a fun card game, tenant-lead by Mary S - MP</p>
<p>26 Circuit Gym Anytime- 2nd Fl 11:00 Church Service w/ Pastor Stewart & hymns w/ Shirley - MP 1:00 & 1:45 Early Sunday Supper- DR 2:00 Pinochle - GR 2:00 Mah-jongg - GR 3:30-5:30 Needlework Circle - GR 5:30-6:30 Soup & Sandwich -CF 6:15 Hand & Foot - GR</p>	<p>27 Circuit Gym Anytime - 2nd Fl 9:00 Aquacise - Pool 10:30 Coffee Chatter Enjoy trivia, visiting, & current events - MP 11:30 Sit & Be Fit - MP 2:00 Sing-along w/ Diane Copeland - DR 2:00 Bridge - MP 3:00 Cribbage - MP 3:00 Bingo! \$1/ card. Win a \$5 Blackout - GR 4:00 & 4:45 Dinner - DR 5:45 Hand & Foot - GR</p>	<p>28 8:30-4:00 Scheduled transportation Circuit Gym Anytime - 2nd Fl 9:00 Line Dancing Class @ Sr. Center Patriotic lapel pins - GR 10:00 Free Make & Take w/ Laura - 11:30 Chair Yoga w/ Danielle - MP 1:00 Inside Walking Group 1:15 Wellness Inservice. Memory, "Am I just forgetful or is it more?" GR 2:00 Pub Night w/music by JJ Dion. Enjoy wine, beer, & soda - MP 3:00-4:00 Needlework Circle - GR 3:15 Wii Bowling - Thtr 4:00 and 4:45 Dinner - DR 5:45 Push Poker - Bring 3 qtrs - Thtr 6:00 Bridge - GR</p>	<p>29 8:30-4:00 Scheduled transportation. Circuit Gym Anytime - 2nd Fl 9:00 Aquacise - Pool 9-11:00 Quilting Bees. - MP 10:00 Wii Bowling - Thtr 10:30 Looms of Love - Knit/ crochet hats & scarves for local charities. - GR 11-1:00 Hand & Foot w/ Scott - GR 11:30 Sit & Be Fit - MP 1:00 Inside Walking Group 4:15 & 4:45 (At your meal time) NEW! Evening Western BBQ (No guest). Brisket or ribs, & yummy sides. Western music With Gerri & Norm.</p>	<p>30 8:30-4:00 Scheduled transportation. Circuit Gym Anytime - 2nd Fl 9:00 Pool Noodle Exercise - Pool 9:30 Men's Coffee & donuts. - CF 10:00 Knitting/ Crochet Circle - GR 10:30 NEW! Day Trip to Murrey ID 1.5 hrs. away. Lunch @ Bedroom Goldmine Restaurant. Order off menu. Sign up @ desk. 11:30 Chair Yoga w/ Danielle - MP 1:00 Mah-Jongg - GR 1:00 Inside Walking Group 2:30 NEW! Root beer Floats - MP 4:00 and 4:45 Dinner - DR 6:00 Bridge & Pinochle - GR</p>	<p><u>Friday Hot Breakfast Menu:</u> 6/3 - Quiche 6/10 - French Toast Bake 6/17 - Country Scramble 6/24 - Veggie & Ham Strata All entrees served with bacon, sausage, and fixings.</p>	<p>Thursday Evening Summer Theater June 23 - The Bridges of Madison County July 14th - Newsies Aug.18th - Sister Act</p>