





























































SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><u>Activity Locations:</u></p> <p>L1 1st Fl. - Lobby CF 1st Fl. - 50's Café DR 1st Fl. - Dining Room Thtr 1st Fl. - Event/Dining Library 1st & 3rd Floors L2 2nd Fl. - Lobby CG 2nd Fl. - Circuit Gym CR 2nd Fl. - Craft Room GR 2nd Fl. - Game Room MP 2nd Fl. - Multi-purpose NS 2nd Fl - Nail Salon CL - 3rd Fl -Computer Lab FD - Front Desk</p>	<p style="text-align: center;"> Healthy Heart </p> <p style="text-align: center;">Aquacize - Pool (Mon, Wed, Fri. at 9:00 am) 30-Minute Pool Walking - Pool (Sat. at 9:00 am) Circuit Gym - 2nd Fl. (Daily. Attendance on honor system) Chair Yoga with Danielle - MP (Tues. & Thurs. at 11:30 am) Sit and Be Fit Class - MP (Mon at 11:30 am & Sat. at 10:00 am) Sit and Dance Class - MP (Wed. and Fri. at 11:30 am) Inside Walking Club - Check in at Lobby (Daily at 1:00 pm) Wii Bowling - GR (Tue. at 3:15 pm & Wed. at 10:00 am) Shuffleboard - GR (Fri. 9:00 am) Bunco - GR (Fri. 3:00 pm)</p> <p>You need to attend these 10 classes as often as possible to qualify for a prize. Watch for the heart symbol  on the calendar. The Activity Staff will take attendance. Prizes will be given for each of these 10 exercise groups. You are encouraged to do all 10 exercise groups. The more you do, the more points you earn. The tenant with the most total points will be our Grand Champion and will receive a \$50.00 Visa gift card.</p> <p style="text-align: center;">Winners will be announced at the March Tenant Meeting.</p>			<p>1</p> <p style="text-align: center;">National Dark Chocolate Day</p> <p>Circuit Gym Anytime. Honor system on attendance for Healthy Heart contest. - 2nd Fl  8:30-4:00 Scheduled transportation  9:30 Men's Coffee & Donuts - CF 10:00 Audiology Clinic w/Jonell. Test, clean, repair hearing aids. Sign up - NS 10:30 NEW Looms of Love Class with Kim. Enjoy coffee & donuts and learn how to make hats on the loom - GR  11:30 Chair Yoga with Danielle - MP  1:00 Inside Walking Group. Check in at front desk. - FD  1:00 NEW "Towel Toppers" Come and learn to make crocheted kitchen towel toppers with yarn & buttons - GR  2:00 NEW Chocolate Lovers. Enjoy coffee and dark chocolate - CF 2:00 Mexican Train - GR 4:00 & 4:45 Dinner - DR 6:00 Sequence Game - GR 6:00-8:00 Online Grocery Shopping.</p>	<p>2</p> <p style="text-align: center;">National "Wear Red Day" to bring awareness and attention to Heart Disease</p> <p>Circuit Gym Anytime. Honor system on attendance for Healthy Heart contest. - 2nd Fl  8-10:00 Free Hot Breakfast - CF 9:00 NOTE: No Aquacize  9:00 Shuffleboard - GR  10:30 Shopping at Fred Meyer. Sign up. 11:00 Prayer Shawls. Knit or crochet for local ministries - GR 11:30 NEW Sit & Dance w/Gail. - MP  1:00 Inside Walking Group. Check in at front desk. - FD  1:30 Wine & Cheese Social. Beer, wine, soda and snacks - DR 3:00 Bunco, a fun dice game.  Bring \$1 - GR 4:00 & 4:45 Dinner - DR 5:45 Hand & Foot - GR</p> <p style="text-align: center;">Groundhogs Day Will the groundhog see his shadow? Will there be 6 more weeks of winter?</p>	<p>3</p> <p>Circuit Gym Anytime. Honor system on attendance for Healthy Heart contest. - 2nd Fl  9:00 30-Minute Pool Walking  10:00 Sit & Be Fit - MP  NOTE: No Drop 'n' Shop. 11:00 NEW Lunch at Outback. Order off the menu. Sign up. 1:00 Inside Walking Group. Check in at front desk. - FD  1:00-2:30 NEW Mystery Activity. Please stroll down to the MP room for a fun activity anytime between 1:00-2:30. - MP 1:45 Movie The Hill PG Starring Dennis Quade. In this film based on a true story, young baseball hopeful Rickey Hill chases his major-league dreams while living with a degenerative spinal condition. Enjoy popcorn & soda. - Thtr 1:50 Bingo \$1card-\$5 blackout - GR 3:00 Shopping at Rosauers. 4:00 & 4:45 Dinner - DR 6:00 NOTE: NO 2nd Movie Showing. Due to Zags game. 7:00/7:30 NEW Zags v. Saint. Mary's - Thtr </p>
<p>4</p> <p>Circuit Gym Anytime. Honor system on attendance for Healthy Heart contest. - 2nd Fl  11:00 Church Service w/Pastor Stan, hymns w/ Shirley - MP</p> <p style="text-align: center;">Non-denominational communion 11:00 - MP</p> <p>12:15 Catholic Communion With Ray - MP 1:00 & 1:45 Early Sunday Supper - DR 1:00 Inside Walking Group. Check in at front desk. - FD  2:30 Pinochle - GR 3:00 Game Day - Come and join in the fun and play pool, games, shuffleboard, etc. with your neighbors. - GR 5:30-6:30 Soup & Sandwich CF 6:00-8:00 Online Grocery Shopping. - FD</p>	<p>5</p> <p>Circuit Gym Anytime. Honor system on attendance for Healthy Heart contest. - 2nd Fl  9:00 Aquacize - Pool  10:30 Coffee Chatter. Enjoy visiting, reminiscing and trivia - MP 11:30 Sit & Be Fit - MP  12:30 Mah-Jongg - GR 1:00 Inside Walking Group. Check in at front desk. - FD  2:30 Cribbage - MP 3:00 Bingo. \$1 per card. Win a \$5 blackout - GR 4:00 & 4:45 Dinner - DR 5:45 Hand & Foot - GR</p>	<p>6</p> <p style="text-align: center;">Mardi Gras Celebration</p> <p>Circuit Gym Anytime. Honor system on attendance for Healthy Heart contest. - 2nd Fl  8:30-4:00 Scheduled transportation  10:30 History talk with Kim. History of Mardi Gras. How did it get started? - MP 11:30 Chair Yoga w/Danielle - MP  1:00 Inside Walking Group. Check in at front desk. - FD  1:00-2:30 NEW Mardi Gras Party. Listen and dance to "Taste of Jazz" a 6 piece Dixieland band. Enjoy light snacks, hurricane punch (with our without alcohol). Masks, and beads provided. Wear gold, purple and green attire. - DR 3:15 Wii Bowling - GR NOTE: NO "Tell Your Story" this week 4:00 & 4:45 Dinner - DR 6:00 Push Poker bring 3 qtrs - Thtr 6:00 Bridge & Pinochle - GR</p>	<p>7</p> <p style="text-align: center;">National Send a Card to a Friend Day</p> <p>Circuit Gym Anytime. Honor system on attendance for Healthy Heart contest. - 2nd Fl  8:30-4:00 Scheduled transportation  9:00 Aquacize - Pool  10:00 Wii Bowling. - GR  10:30 NEW "Cozy Club" Come help make Microwave Bowl Cozys. - GR  11:30 Sit and Dance w/Gail - MP  1:00 Inside Walking Group. Check in at front desk. - FD  1:30 Tenant Meeting. Meet with our owner Larry & learn what's new in the community. Win a door prize -DR 3:00 NEW Card Decorating. Dazzle a card with bling, stickers, lace, flowers etc. and give to a friend. - GR 4:00 & 4:45 Dinner - DR 5:00 NEW Zags v. Portland - Thtr 5:45 Hand & Foot - GR </p>	<p>8</p> <p>Circuit Gym Anytime. Honor system on attendance for Healthy Heart contest. - 2nd Fl  8:30-4:00 Scheduled transportation  9:30 Men's Coffee & Donuts - CF 10:30 NEW Looms of Love Class with Kim. Enjoy coffee & donuts and learn how to make hats on the loom - GR 11:30 Chair Yoga w/Danielle - MP  1:00 Inside Walking Group. Check in at front desk. - FD  1:00 NEW "Towel Toppers" Come and learn to make crocheted kitchen towel toppers with yarn & buttons - GR 2:00 Mexican Train - 2nd fl. Lobby 3:00 NEW Left, Right, Center. Bring \$1 in dimes. Very easy and fun dice game. 4:00 & 4:45 Dinner - DR 6:00 Sequence game - GR 6:00-8:00 Online Grocery Shopping.</p>	<p>9</p> <p style="text-align: center;">National Pizza Day</p> <p>Circuit Gym Anytime. Honor system on attendance for Healthy Heart contest. - 2nd Fl  8-10:00 Free Hot Breakfast! - CF 9:00 Aquacize - Pool  9:00 Shuffleboard - GR  10:30 Grocery Shop - Fred Meyer. Sign up. 11:00 Prayer Shawls. Knit or crochet for local ministries - GR 11:30 Sit & Dance w/Gail. - MP  1:00 Inside Walking Group. Check in at front desk. - FD  1:00 NOTE: Time Change Today Only Wine & Cheese Social. Beer, wine, soda and snacks - DR 3:00 Bunco - A fun dice game. Bring \$1 - GR  4:00 & 4:45 NEW "Pizza Dinner" Eat at your regular time and seat. Enjoy take out Pizza from Pizza Rita and salad bar and soup - DR 5:45 Hand & Foot - GR</p>	<p>10</p> <p>Circuit Gym Anytime. Honor system on attendance for Healthy Heart contest. - 2nd Fl  9:00 30-Minute Pool Walking  10:00 Sit and Be Fit - MP  11:00-1:00 Drop 'n' Shop. Shop within a 5-mi. radius. Sign up  1:00 NEW Zags v. Kentucky - Thtr 1:00 Inside Walking Group. Check in at front desk. - FD  1:45 Movie My Octopus Teacher G This intimate, emotional and cinematically captivating nature film received an Academy Award for Best Documentary Feature. Enjoy popcorn & soda. - Thtr 1:50 Bingo \$1card-\$5 blackout -GR 3:00 Shopping at Walmart 4:00 & 4:45 Dinner - DR 6:00 My Octopus Teacher G 2nd Movie Showing - Thtr No popcorn/soda.</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>11 Superbowl</p> <p>Circuit Gym. Honor system on attendance for Healthy Heart contest. - 2nd Fl ❤️</p> <p>11:00 Church Service w/Pastor Paul, Hymns w/ Shirley - MP</p> <p>12:15 Catholic Communion with Ray - MP</p> <p>1:00 & 1:45 Early Sunday Supper - DR</p> <p>1:00 Inside Walking Group. Check in at front desk. - FD ❤️</p> <p>2:30 Pinochle - GR</p> <p>3:00 Game Day - Come and join in the fun and play games, shuffleboard, pool, etc. with your neighbors.</p> <p>3:30 NEW Superbowl - Thtr</p> <p>5:30-6:30 Soup & Sandwich</p> <p>6:00-8 Online Grocery - FD</p>	<p>12</p> <p>Last day to purchase tickets to Diary of Anne Frank on Sat. 2/24 at 1:45. \$15 cash or checks made payable to UHS</p> <p>Circuit Gym. Honor system on attendance - 2nd Fl ❤️</p> <p>9:00 NOTE: No Aquacise</p> <p>10:30 Coffee Chatter. Enjoy visiting, reminiscing & trivia - MP</p> <p>11:30 Sit & Be Fit - MP ❤️</p> <p>12:30 Mah-Jongg - GR</p> <p>1:00 Inside Walking Group. Check in at front desk. - FD ❤️</p> <p>2:00 Sing-along with Diane - DR</p> <p>2:30 Cribbage - MP</p> <p>3:00 NEW FREE Valentine's Bingo. Win a sweet prize. - GR</p> <p>4:00 & 4:45 Dinner - DR</p> <p>5:45 Hand & Foot - GR</p> <p>6:30 Old Time Fiddlers. - DR</p>	<p>13</p> <p>Circuit Gym Anytime. Honor system on attendance for Healthy Heart contest. - 2nd Fl ❤️</p> <p>8:30-4:00 Scheduled transportation</p> <p>10:30 NEW Make and Take. Keep what you make. See sample on table in lobby. Sign up. - CR</p> <p>11:30 Chair Yoga w/Danielle - MP ❤️</p> <p>1:00 Inside Walking Group. Check in at front desk. - FD ❤️</p> <p>2:00 Pub Night Music with J.J. Dion. Beer, wine, soda, popcorn - MP</p> <p>3:15 Wii Bowling - GR ❤️</p> <p>3:15 NEW "Tell your Story" Each week we will feature questions for you to answer. When finished you can give the binder to family - GR</p> <p>4:00 & 4:45 Dinner - DR</p> <p>6:00 Push Poker bring 3 qtrs - Thtr</p> <p>6:00 Bridge & Pinochle - GR</p>	<p>14 Valentine's Day</p> <p>Circuit Gym Anytime. Honor system on attendance for Healthy Heart contest. - 2nd Fl ❤️</p> <p>8:30-4:00 Scheduled transportation</p> <p>9:00 Aquacise - Pool ❤️</p> <p>10:00 Wii Bowling. Staff available to help. - GR ❤️</p> <p>10:30 NEW "Cozy Club" Come help make Microwave Bowl Cozys. - GR</p> <p>11:30 Sit and Dance w/Gail - MP ❤️</p> <p>11:00 Inside Walking Group. Check in at front desk. - FD ❤️</p> <p>4:00 NEW Valentine's Dinner with raspberries in wine and a strolling quartet "Swagger & Sass". Enjoy candy and a card. Presentation for couples married the longest and for our newlyweds. One dinner seating, sit in your regular seat. - DR</p> <p>5:45 Hand & Foot - GR</p>	<p>15</p> <p>Circuit Gym Anytime. Honor system on attendance for Healthy Heart contest. - 2nd Fl ❤️</p> <p>8:00 NEW Guys and Dolls Breakfast at Barlows. Order off the menu. Sign up.</p> <p>8:30-4:00 Scheduled transportation</p> <p>NOTE: No men's coffee</p> <p>10:30 NEW Looms of Love with Kim. Enjoy coffee and donuts and learn how to make hats on the loom. - GR</p> <p>11:30 Chair Yoga w/Danielle ❤️</p> <p>1:00 NEW "Towel Toppers" - GR</p> <p>1:00 Inside Walking Group. Check in at front desk. - FD ❤️</p> <p>2:00 Mexican Train - 2nd fl. lobby</p> <p>4:00 & 4:45 Dinner - DR</p> <p>6:00 Sequence Game - GR</p> <p>6:00 NEW Zags v. Loyola Marymount - Thtr</p> <p>6:00-8:00 Online Grocery Shop - FD</p> 	<p>16</p> <p>Circuit Gym Anytime. Honor system on attendance for Healthy Heart contest. - 2nd Fl ❤️</p> <p>8:00-10:00 Free Hot Breakfast! - CF</p> <p>9:00 Aquacise - Pool ❤️</p> <p>9:00 Shuffleboard - GR ❤️</p> <p>10:30 Grocery Shop at Fred Meyer. Please shop today. No grocery shopping on Saturday 1/17.</p> <p>11:00 Prayer Shawls. Knit or crochet for local ministries - GR</p> <p>11:30 NEW Sit & Dance w/Gail. Class - MP ❤️</p> <p>1:00 Inside Walking Group. Check in at front desk. - FD ❤️</p> <p>1:30 Wine & Cheese Social. Beer, wine, soda and snacks - DR</p> <p>3:00 Bunco, a fun dice game. Bring \$1 GR</p> <p>4:00 & 4:45 Dinner - DR</p> <p>5:45 Hand & Foot - GR</p>	<p>17</p> <p>Circuit Gym Anytime. Honor system on attendance for Healthy Heart contest. - 2nd Fl ❤️</p> <p>9:00 NOTE: NO Pool Walking</p> <p>10:00 NOTE: NO Sit & Be Fit</p> <p>1:00 Inside Walking Group. Check in at front desk. - FD ❤️</p> <p>1:45 Movie The Guernsey Literary and Potato Peel Pie Society PG. A London writer bonds with the colorful residents of Guernsey as she learns about the book club they formed during the WW11 Nazi occupation. NOTE: No Popcorn or soda. - Thtr</p> <p>4:00 & 4:45 Dinner - DR</p> <p>6:00 NOTE: No 2nd Movie Showing due to Zags game.</p> <p>6:00 NEW Zags v. Pacific Thtr</p> 
<p>18</p> <p>Circuit Gym Anytime. Honor system on attendance for Healthy Heart contest. - 2nd Fl ❤️</p> <p>11:00 Church Service w/Pastor Stewart & hymns w/Shirley - MP</p> <p>12:15 Catholic Communion with Ray. - MP</p> <p>1:00 & 1:45 Early Sunday Supper - DR</p> <p>1:00 Inside Walking Group. Check in at front desk. - FD ❤️</p> <p>2:30 Pinochle - GR</p> <p>3:00 Game Day - Come and join in the fun and play games, shuffleboard, pool, etc. with your neighbors.</p> <p>5:30-6:30 Soup & Sandwich Pick up - CF</p> <p>6:00-8:00 Online Grocery Shopping. - FD</p>	<p>19 National Chocolate Mint Day</p> <p>Circuit Gym Anytime. Honor system on attendance for Healthy Heart contest. - 2nd Fl ❤️</p> <p>9:00 NOTE: NO Aquacise</p> <p>10:30 Coffee Chatter. Enjoy visiting, reminiscing, trivia. - MP</p> <p>11:30 Sit & Be Fit - MP ❤️</p> <p>12:30 Mah-Jongg - GR</p> <p>1:00 Inside Walking Group. Check in at front desk. - FD ❤️</p> <p>1:30 NEW Enjoy a scoop of Chocolate Mint Ice Cream. - CF</p> <p>2:30 Cribbage - MP</p> <p>3:00 Bingo. \$1/ card. Win a \$5 blackout. - GR</p> <p>4:00 & 4:45 Dinner - DR</p> <p>5:45 Hand & Foot - GR</p>	<p>20</p> <p>Last day to sign up and pay \$10 cash for Red Hat Ladies Tea and Lunch on 2/28. Wear red hat attire, we have hats if needed.</p> <p>Circuit Gym Anytime. Honor system on attendance for Healthy Heart contest. - 2nd Fl ❤️</p> <p>8:30-4:00 Scheduled transportation</p> <p>10:30 Tie Wishing Star Blankets - GR</p> <p>11:30 Chair Yoga w/Danielle - MP ❤️</p> <p>1:00 Inside Walking Group. Check in at front desk. - FD ❤️</p> <p>2:00 Pub Night. Music by Jerry-At-Tricks. Beer, wine, soda & popcorn</p> <p>3:15 NEW "Tell your Story" - GR</p> <p>3:15 Wii Bowling - GR ❤️</p> <p>4:00 & 4:45 Dinner - DR</p> <p>4:30 NEW Dinner Outing to Rancho Viejo Mexican. Sign up.</p> <p>5:45 Push Poker. Bring 3 qtrs - Thtr</p> <p>6:00 Bridge & Pinochle - GR</p>	<p>21</p> <p>Circuit Gym Anytime. Honor system on attendance for Healthy Heart contest. - 2nd Fl ❤️</p> <p>8:30-4:00 Scheduled transportation</p> <p>9:00 Aquacise - Pool ❤️</p> <p>10:00 Wii Bowling. Staff avail. - GR</p> <p>10:30 NEW Craft Class. See table for sample. Sign up. - CR</p> <p>11:30 Sit and Dance w/Gail - MP ❤️</p> <p>12:00-2:00 FREE Card making class with Melissa. Supplies provided. Only 12 spots, sign up.</p> <p>1:00 Inside Walking Group. Check in at front desk. - FD ❤️</p> <p>1:30 Birthday Party - Everyone is welcome to attend. Enjoy cupcakes & music w/Nick Herman. - D</p> <p>4:00 & 4:45 Dinner - DR</p> <p>5:45 Hand & Foot - GR</p>	<p>22 National Margarita Day</p> <p>Circuit Gym Honor system attendance for Healthy Heart contest. - 2nd Fl ❤️</p> <p>8:00 NEW Men's Breakfast at Denny's.</p> <p>8:30-4:00 Scheduled transportation</p> <p>10:30 NEW Looms of Love. Donuts.</p> <p>10:30 NEW Food Committee meeting with Harlen. Sign up - Thtr</p> <p>11:30 Chair Yoga w/Danielle - MP ❤️</p> <p>1:00 Inside Walking Group. Check in at front desk. - FD ❤️</p> <p>1:00 NEW "Towel Toppers" - GR</p> <p>1:00 Library Visit. Check out favorite authors, regular or large print - DR</p> <p>1:30 NEW Margarita Time. Enjoy alcohol or nonalcohol margaritas and chips & Salsa. - MP</p> <p>2:00 Mexican Train - GR</p> <p>4:00 & 4:45 Dinner - DR</p> <p>6:00 NEW Zags v. Portland - Thtr</p> <p>6:00 Sequence Game - GR</p> <p>6:00-8:00 Online Grocery Shop - FD</p> 	<p>23</p> <p>Circuit Gym Anytime. Honor system on attendance for Healthy Heart contest. - 2nd Fl ❤️</p> <p>8:00-10:00 Free Hot Breakfast! - CF</p> <p>9:00 Aquacise - Pool ❤️</p> <p>9:00 Shuffleboard ❤️</p> <p>10:30 Shop at Fred Meyer. Sign up. Note time change for shopping on Saturday 2/24.</p> <p>11:00 Prayer Shawls - GR</p> <p>11:30 NEW Sit & Dance w/Gail - MP ❤️</p> <p>1:00 Inside Walking Group. Check in at front desk. - FD ❤️</p> <p>1:30 Wine & Cheese Social. Enjoy beer, wine, soda and snacks - DR</p> <p>3:00 NEW Bag o' Bucks Bunco, Costs \$2. Last one holding the bag wins all the bucks. - GR ❤️</p> <p>4:00 & 4:45 Dinner - DR</p> <p>5:45 Hand & Foot - GR</p>	<p>24</p> <p>Circuit Gym. Honor system for Healthy Heart contest. - 2nd Fl ❤️</p> <p>9:00 30-Minute Pool Walking ❤️</p> <p>10:00 Sit & Be Fit - MP ❤️</p> <p>10:45 Shopping at Safeway.</p> <p>NOTE: NO Drop and Shop today</p> <p>1:00 Inside Walking Group. Check in at front desk. - FD ❤️</p> <p>1:15 NEW Play outing at UHigh. The Diary of Anne Frank. Tickets were pre-purchased before 2/12.</p> <p>1:45 Movie NYAD PG-13 Starring Annette Bening and Jodie Foster. Sixty-four year old marathon swimmer Diana Nyad attempts to become the first person to ever swim from Cuba to Florida. Enjoy popcorn & soda. - Thtr</p> <p>4:00 & 4:45 Dinner - DR</p> <p>5:00 NEW Zags v. Santa Clara - Thtr</p> <p>6:00 NOTE: No 2nd Movie Showing due to Zags game.</p> 
<p>25</p> <p>Circuit Gym Anytime. Honor system on attendance for Healthy Heart contest. - 2nd Fl ❤️</p> <p>11:00 Church Service with Pastor Don and Hymns w/Shirley - MP</p> <p>12:15 Catholic Communion with Ray. - MP</p> <p>1:00 & 1:45 Early Sunday Supper - DR</p> <p>1:00 Inside Walking Group. Check in at front desk. - FD ❤️</p> <p>2:30 Pinochle - GR</p> <p>3:00 Game Day - Come and play games with your neighbors. - GR</p> <p>5:30-6:30 Soup & Sandwich - CF</p> <p>6:00-8:00 Online Grocery Shopping. - FD</p>	<p>26</p> <p>Circuit Gym Anytime. Honor system on attendance for Healthy Heart contest. - 2nd Fl ❤️</p> <p>9:00 Aquacise - Pool ❤️</p> <p>10:30 Coffee Chatter. Enjoy visiting, reminiscing and trivia - MP</p> <p>11:30 Sit & Be Fit - MP ❤️</p> <p>12:30 Mah-Jongg - GR</p> <p>1:00 Inside Walking Group. Check in at front desk. - FD ❤️</p> <p>2:00 Sing-along with Diane - DR</p> <p>2:30 Cribbage - MP</p> <p>3:00 NEW Mystery Bingo. \$1 per card. When you win you pick a mystery envelope. - GR</p> <p>4:00 & 4:45 Dinner - DR</p> <p>5:45 Hand & Foot - GR</p>	<p>27 National Strawberry Day</p> <p>Circuit Gym Anytime. Honor system on attendance for Healthy Heart contest. - 2nd Fl ❤️</p> <p>8:30-4:00 Scheduled transportation</p> <p>10:30 Share Time with donuts - MP ❤️</p> <p>11:30 Chair Yoga w/Danielle - MP ❤️</p> <p>1:00 Inside Walking Group. Check in at front desk. - FD ❤️</p> <p>2:00 NEW Strawberry Pub Night Music w/Bill & Carl. Beer, wine, soda, & chocolate dipped strawberries. MP</p> <p>3:15 NEW "Tell your Story" Join us for this new activity. Each week we will feature questions for you to answer. - GR</p> <p>3:15 Wii Bowling - GR ❤️</p> <p>4:00 & 4:45 Dinner - DR</p> <p>5:45 Push Poker. Bring 3 qtrs - Thtr</p> <p>6:00 Bridge & Pinochle - GR</p>	<p>28</p> <p>Circuit Gym Anytime. Honor system on attendance for Healthy Heart contest. - 2nd Fl ❤️</p> <p>8:30-4:00 Scheduled transportation</p> <p>9:00 Aquacise - Pool ❤️</p> <p>10:00 Wii Bowling. Staff avail. - GR</p> <p>10:30 NEW Craft Class. See table for sample. Sign up. - CR</p> <p>11:30 Sit and Dance w/Gail - MP ❤️</p> <p>12:15 NEW Red Hats Ladies Tea and Lunch. Last day to sign up was 2/20. Enjoy lite lunch, finger sandwiches, fruit, dessert and tea. Cost \$10 cash, last day to sign up was 2/20. Wear Red Hat attire. - MP</p> <p>1:00 Inside Walking Group. Check in at front desk. - FD ❤️</p> <p>4:00 & 4:45 Dinner - DR</p> <p>5:45 Hand & Foot - G</p>	<p>29</p> <p>Circuit Gym Anytime. Honor system on attendance for Healthy Heart contest. - 2nd Fl ❤️</p> <p>8:30-4:00 Scheduled transportation</p> <p>9:30 Men's coffee and donuts - CF</p> <p>10:30 NEW Looms of Love. Enjoy coffee and donuts.</p> <p>11:30 Chair Yoga w/Danielle - MP ❤️</p> <p>1:00 Inside Walking Group. Check in at front desk. - FD ❤️</p> <p>1:00 NEW "Towel Toppers" Come and make crocheted kitchen towel toppers with yarn & buttons. - GR</p> <p>2:00 Mexican Train - GR</p> <p>4:00 & 4:45 Dinner - DR</p> <p>6:00 Sequence Game - GR</p> <p>6:00-8:00 Online Grocery Shopping - FD</p> <p>8:00 NEW Zags v. San Francisco - Thtr</p> 	<p>Calendar Legend</p> <p>Blue Print = Exercise Activities</p> <p>Red Print = an Outing</p> <p>Green Print = Something Fun & Special</p> <p>Color filled day = Music</p> <p>Last day to sign up for something or important</p>	<p>Free Hot Breakfast:</p> <p>2/2 Pancakes</p> <p>2/9 French Toast</p> <p>2/16 Breakfast Strata</p> <p>2/23 Biscuits & Gravy</p> <p>All entrees served with bacon, sausage and fixin's.</p> 